

Swami Vivekanand Mahavidyalaya, Latur
P-74, MIDC, Kalamb Road, Latur-413512



Brief Activity Report - 2023 -2024

Name of Programme/ Activity :- Health and Hygiene Awareness Campaign

In Collaboration With :-

Organizing Cell/Unit :- Swami Vivekanand Mahavidyalaya,

Programme In-charge :-

Chief Guest/Resource Person :-

Duration / Date - Five day [25/09/2023] To [30/09/2023]

Objective of Programme/Activity :-

1. Physical fitness
2. Health and Hygiene free Campus
3. Awareness programme on menstrual Hygiene Awareness & free sanitary pad Distribution.

No. of Students Participated - 29

No. of Teachers Participated - 03

No. of External Participants

Outcome of the Programme/ Activity :-




Programme In charge


IQAC Co-ordinator
IQAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR

I/c Principal
PRINCIPAL
Swami Vivekanand Mahavidyalaya
LATUR



Notice:

Date: 23/09/2023

Subject: Health and Hygiene Awareness Campaign

Dear Students and Staff,

We are excited to announce our upcoming **Health and Hygiene Awareness Campaign** aimed at promoting healthy practices and creating a cleaner campus environment. This initiative will take place from **25/09/2023 to 30/09/2023**.

Key Activities Include:

- **Workshops and Seminars:**
 - Topics will include personal hygiene, nutrition, mental health, and stress management.
 - Dates and times will be shared shortly.
- **Clean Campus Day:**
 - Join us on **29/09/2023** for a campus cleanup event. Supplies will be provided, and refreshments will be served!



Dutky

IQAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR

Jee

Principal
Swami Vivekanand Mahavidyalaya
LATUR



Date: 24/09/2023

Dr. Dikshit P.B.
Yoga Wellness and Fitness Center,Latur Maharashtra

Dear Dr. Dikshit,

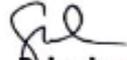
Subject: Invitation for Guidance on Physical Fitness

We are pleased to invite you as a guest speaker at Swami Vivekanand Mahavidyalaya to provide expert guidance on Physical Fitness. The session is scheduled for 25/09/2023 at Swami Vivekanand Mahavidyalaya.

In today's fast-paced world, maintaining physical fitness is of utmost importance for overall well-being. We believe that your expertise in the field of yoga, wellness, and fitness will offer invaluable insights to our students and staff on how to achieve a healthier lifestyle. Your session will cover important topics such as the role of yoga in fitness, daily exercise routines, and maintaining physical health in the digital age.

Thank you for considering our invitation. We look forward to the opportunity of hosting you and gaining from your wisdom on fitness and wellness.


IQAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR

Warm regards,
Dr.Bondge.S.D.

Principal
Swami Vivekanand Mahavidyalaya,
M.I.D.C, Kalam Road, Latur
PRINCIPAL
Swami Vivekanand Mahavidyalaya
LATUR



Activity: Yoga for Stress Management

Report

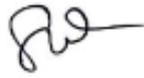
On 25/09/2023 yoga for Stress Management session was conducted by our Yoga Staff. The objective was to create awareness about importance of Yoga for Stress Management, effective study management.

The program kicked off with warm-up exercises, during which students actively participated. They guided through various sitting and standing asanas, with simultaneous explanations of their significance.

The instructors emphasized the importance of incorporating yoga into daily life and maintaining harmony between the body and mind. The session lasted for over an hour, witnessing active participation and engagement from all attendees.




IQAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR


Principal
PRINCIPAL
Swami Vivekanand Mahavidyalaya
LATUR

Academic Year-2023-24

Attendance for "Yoga for stress Management"

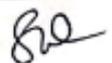


Event Date: 25/09/2023

Patilvi Nargmabi Gafar	B.A-1	Nargmabi
Khot Sachin Ramu	B-SC	Sachin
Rathod Shilpa Pandya	BA-1	Shilpa
Dongse mangi kag	B-SC -	Mangli
Vadhar Akhy Manoj	B.A-1	Akhy
Awad Raj Ramakant	B.COM - F.Y	Raj
Susmi Aradi Dagedu	B.Com I	Aradi
Shaikh Shirin Habib	B.SC III	Shirin
Jadhav Sunil Ganesh	B-S-C	Sunil
Bhusle Krishna Baly	B.Lam I	Krishna
Hudare Aswari	B-S-C	Aswari
Adele PEARVIN	B-S-C	Adele
Rathod vijay vishwanath	B.COM F.Y	Vijay
Londhe Anjali	B-S-C	Anjali
Shinde Khandy Ram	B.Com I	Khandy
Kutmure Arati Gopal	B.SCI	Arati
Chavan Baiji	B-S-C	Baiji
Raje Prathmesh Somen	B.SCI	Prathmesh
Kamble Ganesh	B-A-1	Ganesh
Rudise Sakshi	B-S-C	Sakshi
IAAZI ANAM	B-SC	Irazi
Ade PEARVIN Dmal	B-A-1	Pearvin
Kamble Ketan Ramesh	B.Com I	Ketan
Sayyed Talib	B-S-C	Sayyed
Shinde Aniket Phadnis	B.Com I	Aniket
Rathode Shilpa pandhu	B.SCI	Shilpa
Shaikh muskan muskan	B.SCI	Muskan
pandure Anusai	B.S-C	Anusai
muscare Somadhar	B-S-C	Somadhar


 Event Coordinator Name and Sign


 IQAC Co-ordinator
 Swami Vivekanand Mahavidyalaya
 LATUR


 PRINCIPAL
 Swami Vivekanand Mahavidyalaya
 Principal


JSPM
 ॥ श्री गणेशाय नमः ॥
LATUR
 स्वामी रामानंद तिर्यं गराठवाडा विद्यापीठ मंदिर संलग्नित
स्वामी विवेकानंद महाविद्यालय, लातूर



Yoga for Stress Management




IQAC Co-ordinator
 Swami Vivekanand Mahavidyalaya
 LATOUR


PRINCIPAL
 Swami Vivekanand Mahavidyalaya
 LATOUR



Health and Hygiene free campus



धेरु नको व्यसनाची गोळी
होईल तुझ्या जीवाची हीकी

P. D. Patil

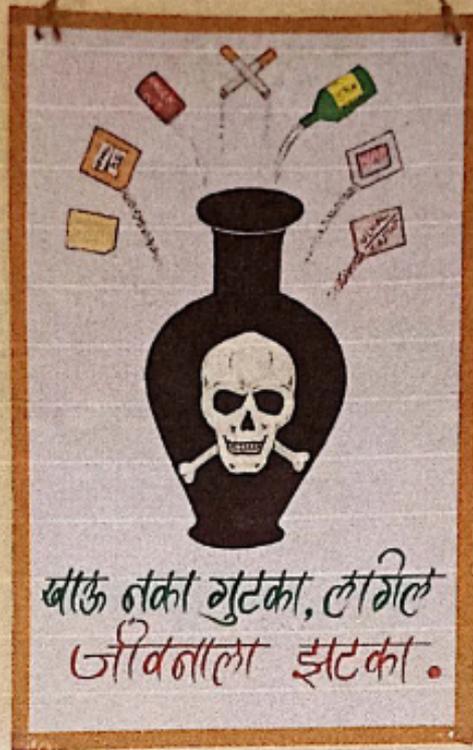
IQAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR



S. S.

PRINCIPAL
Swami Vivekanand Mahavidyalaya
LATUR

Health and Hygiene free campus



Duty
IGAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR



SR
PRINCIPAL
Swami Vivekanand Mahavidyalaya
LATUR

Health and Hygiene free campus



P. D. S.
IQAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR



S. R.
PRINCIPAL
Swami Vivekanand Mahavidyalaya
LATUR

Health and Hygiene free campus

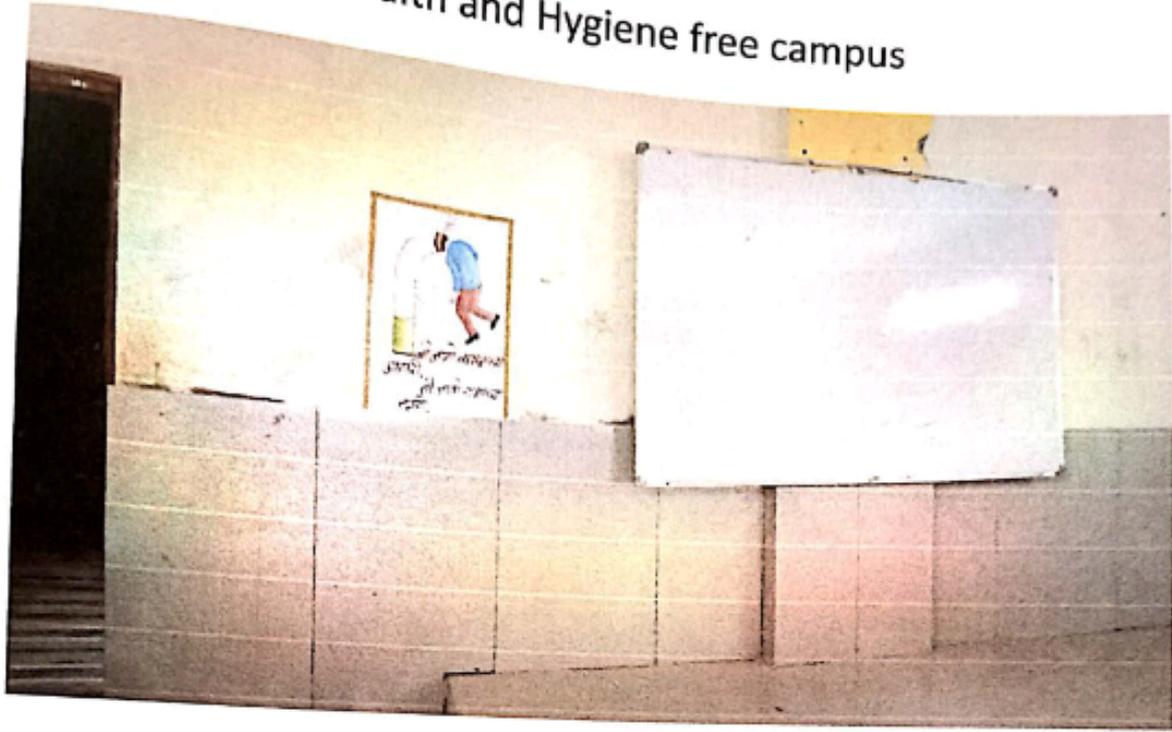


B. S. S.
IQAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR



S. V.
PRINCIPAL
Swami Vivekanand Mahavidyalaya
LATUR

Health and Hygiene free campus



[Handwritten Signature]

IQAC Co-ordinator
Swami Vivekanand Mahavidyalaya
LATUR



[Handwritten Signature]

PRINCIPAL
Swami Vivekanand Mahavidyalaya
LATUR